



Welcome to our Winter 2023 edition of the Australian Nurses Memorial Centre's newsletter.

SCHOLARSHIP AWARDS PRESENTATION MARCH 2023

The ANMC Scholarship Awards presentation evening was a magnificent event and as always a highlight of ANMC calendar. The evening commenced with drinks and nibbles served in the Atrium with award winners, donors and attendees taking to opportunity to network and learn more about each other and the work of the Centre. Approximately 90 people attended the function with 60 people in the room and around 30 more via Zoom. Dr Elizabeth Lavender welcomed everyone to the 2023 Scholarship awards evening, in particular our special guests: Emeritus Professor Judy Parker Patron ANMC, Mr Bruce Mildenhall representing the Victorian Veterans Council, Mr John Bullwinkel, donor of the Vivian Bullwinkel Award, Rob and Jane Malone, Emily Malone, Sara Renshaw family of Betty Jeffrey. Trustees from the Rosemary Norman Foundation, Messrs.' Norman Graham, Dan Simmonds and Simon Kemp. Board and members of the ANMC. Emeritus Professor Maxine Duke AM, Chair of the Scholarship Committee was our MC for the evening. Maxine acknowledged members of the Scholarship Committee for their commitment to the scholarship program and their work in selecting this fine group of award recipients from a pool of 67 applicants. Members of the Scholarship Committee included: Dr Elizabeth Lavender, Dr Beverley Wood, Dr Kerry Hampton, Professor Lisa McKenna, Associate Professor Susan Lee, Emeritus Professor Mari Botti AM.

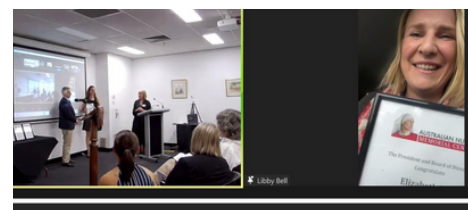


ANMC & ALS SCHOLARSHIPS

Mr Bruce Mildenhall representative from Victorian Veterans Council presented two scholarships from the Australian Legion of Ex-servicemen and Women Scholarship (ALS). The first to Ms Alysia Coventry who is completing her Doctor of Philosophy at the University of Melbourne. Her research titled "Preparing families for death in the intensive care unit. Driving practice change to improve the wellbeing of families during bereavement" is uniquely focused on improving the quality of palliative and end-of-life care provided to families of patients who die in ICU.

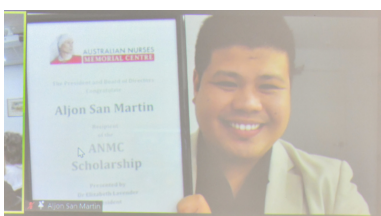
The second ALS scholarship was presented to Libby,

Ms Elizabeth Bell, Master of Nurse Practitioner: Palliative Care. Libby applied for and was awarded the ALS Scholarship for 2021, however due to COVID her course of study was cancelled. With the support of Echuca Regional Health, Libby has recommenced the course and so was able to accept the scholarship.



ANMC SCHOLARSHIP

Dr Elizabeth Lavender presented Mr Aljon San Martin with the ANMC Scholarship. Aljon is studying for a Master of Palliative Care. Aljon is the Clinical Lead for a project aiming to improve palliative and end-of-life care for people living in residential aged care. He has also been involved in developing resources and tools for initiative end-of-life discussions and assessing palliative care needs in people living with dementia.





ANMC MENTAL HEALTH SCHOLARSHIP

Emeritus Professor Judith Parker AM presented Ms Julie Sharrock with the ANMC Mental Health Scholarship. Julie is working towards a Doctor of Philosophy – PhD (Health Sci). Julie's study is titled "Exploring how mental health nurse consultants (MHNC) contribute to the care of and outcomes for general hospital patients experiencing mental health conditions." Julie's research will examine how mental health nurses contribute to outcomes for general hospital patients with co-occurring mental health conditions.



ANMC COMMEMORATIVE SCHOLARSHIP

Emeritus Professor Maxine Duke AM presented Ms Elle Elan with the ANMC Commemorative Scholarship. Elle is working towards her Doctor of Philosophy (Nursing). Elle's PhD is titled "Australian nurses in the Genomic Era: exploring barriers and enablers to uptake of genomic innovations." The Genomic Era provides options for safer, cheaper, faster, and more personalised healthcare for patients. Elle notes that this research could significantly benefit the nursing workforce, patient health outcomes, health service efficiency, and nursing education.

On behalf of Miss Marion Kilvert, Emeritus Professor Maxine Duke AM presented the Prince Henry's Affiliates Scholarship to Mrs Nicole Pope. Nicole is working towards her PhD Partnership Study exploring recommendations and practice using Electronic Medical Records for children in pain. Nicole's research aims to understand how electronic medical records are designed and used to facilitate best pain care for children.

PRINCE HENRY'S AFFILIATES SCHOLARSHIP



ANNE MURRAY SCHOLARSHIP FOR STUDY OF DEMENTIA CARE



Miss Dolores Grace Makris presented Ms Fiona Leen with the Anne Murray Scholarship for the study of Dementia Care. Fiona is studying towards her Master of Advanced Nursing Practice (Nurse Practitioner). Fiona's studies will equip her to gain an integrated hospital nurse practitioner role to fill the current gap in service to improve the movement disorder patient experience and enhance the long term outcomes of their care, particularly those who develop dementia.

MICHAEL DENT SCHOLARSHIP

Dr Lavender presented on behalf of Mrs Sandra Dent, the Michael Dent Scholarship to Ms Amanda Singleton. Amanda is working towards her Doctor of Philosophy. Amanda's research is titled "The notification process and how it impacts the decision making of a midwife when they provide homebirth services: A grounded theory study of privately practicing midwives (PPM) in Australia." Amanda's research aim is to generate a better understanding and ultimately a grounded theory about whether and if so, how the notification of PPMs impacts their professional decision-making and midwifery practice when they provide care during a homebirth.



BETH CUTHBERTSON SCHOLARSHIP



Ms Beth Charles on behalf of Beth Cuthbertson's family presented Ms Wendy Newton with the Beth Cuthbertson Scholarship. Wendy is studying toward her Doctor of Philosophy. Wendy's research is titled "What are the policies and guidelines for Animal Assisted Activities in Australian Residential Aged Care Facilities." Wendy notes that residents in most aged care facilities frequently feel less lonely when having contact with animals and enjoy this time with animals. However, this contact can result in injury or illness to both the animals and the residents and thus Wendy is examining the policies and the guidelines for this contact in Australian aged care, mostly focusing on Queensland.

BETTY JEFFREY AWARD

Ms Emily Malone, great niece of Betty Jeffrey presented Ms Fiona Faulks with the Betty Jeffrey Award. Fiona is working toward her Doctor of Philosophy. Fiona's research is titled "Social determinants and disparities in perinatal health for Victorian women: determining gaps in access, equity and outcomes." Fiona's PhD studies aim to analyse barriers and enablers for rural women in accessing perinatal care in rural communities in Victoria.



VIVIAN BULLWINKEL AWARD



Mr John Bullwinkel presented Ms Tessa Wilkie with the Vivian Bullwinkel Award. Tessa is working towards her Master of Clinical Education. Tessa works to support clinical and professional growth in nurses across their career, from undergraduate through to postgraduate levels. Tessa highlights how workforce challenges and shortages of critical care nursing staff have impacted patient care in the Emergency Department and identifies robust, engaging and evidence-based nursing education as key to ameliorating these challenges.

ROSEMARY NORMAN FOUNDATION SCHOLARSHIP

Mr Simon Kemp presented Miss Julie-Ann Martin with the Rosemary Norman Foundation Scholarship. Julie-Ann is working towards her Master of Advanced Nursing Practice (Nurse Practitioner Julie-Ann's studies focus on recognising and responding to patients with delirium. Among other aims, Julie-Ann also hopes to research risk factors increasing the propensity for delirium in post-operative cardiothoracic patients in ICU.



ROSEMARY NORMAN FOUNDATION SCHOLARSHIP 2 YEAR



Mr Dan Simmonds presented Ms Jessica Taranto with the Rosemary Norman Foundation Scholarship 2 Year. Jessica is studying for her PhD. Jessica's research is titled "Parental experience of performing anal dilatations on infants with Anorectal Malformation: The impact of a nurse led multi-disciplinary team.' Jessica says 'Anorectal malformation (ARM) is a congenital disorder that affects both boys and girls in approximately 1 in 5000 live births.

'BABE' NORMAN SCHOLARSHIP 3 YEAR

Mr Norman Graham presented Mr Shingai Mareya with the 'BABE' Norman Scholarship. Shingai is studying for his PhD (Nursing). Shingai's research is titled "The effectiveness of the stepped care model in delivery of mental health services in Australia." Shingai aims to explore the Stepped Care Model and the gaps present in the Australian primary health context. Shingai emphasises the importance of this model meeting the needs of patients and their families while also meeting the expectations of the professionals who refer patients and who deliver care within the Stepped Care mode.



SINGAPORE FAR EAST MOON MEMORIAL ROSE



The **Singapore Far East Moon Memorial Rose** has been named for SS Vyner Brooke Australian Army Nurses. This rose is in memory of all World War 2 Far Prisoners of War and Civilian Internees. It is available for purchase again this year.

The tragic massacre of 21 Australian Army Nurses, civilians and 60 servicemen occurred on Radji Beach, near Muntok, Bangka Island, on February 16, 1942. Nurse Vivian Bullwinkel and 2 men were the sole survivors of this massacre.

Over 100 boats carrying evacuees from Singapore, largely women, children and elderly men, and servicemen en route to Java were bombed and sunk off Bangka Island, with loss of life of about 5000 people. Those who reached land were killed or imprisoned in harsh camps, where half of the men and one third of the women died.

Singapore Far East Moon is a lightly scented bush rose. It is yellow to symbolize Mateship and Compassion. All prisoners and their families looked up at the same bright moon and thought of their loved ones far away.

For mail order of bare-rooted roses to Eastern Australian states, please contact Wagner's Rose Nursery, 20 Koorine Road Kalangadoo SA, 5278 Tel (08) 8739 3321 email: hello@wagnersrosenursery.com.au and in Western Australia, Swiss Rose Garden Nursery 38 Wollaston Ave, Haynes (Armadale) tel:0893991880, tel: 0419969302, email etter@iinet.net.au

ANMC UNVEILED PLAQUE AT DEVENISH ART SILO

Ms Lucy Saaroni representative from the Victorian Veterans Council unveiled the plaque.



The Remembering Vivian Bullwinkel at Devenish Silos project was supported by the Victorian Government and the Victorian Veterans Council. The memorial plaque was developed by the Australian Nurses Memorial Centre (ANMC) with support and the assistance of the Devenish Silo Art Committee, Benalla Rural City Council and the local community. It was a glorious sunny day, as only the north east can turn on and there was a large crowd in attendance. The beautiful plaque sits upon a very elegant plinth facing the silo painting of the World War One nurse. The ceremony was preceded by the Devenish ANZAC Commemorative Service. The event featured the light horsemen from the Indi Light Horse Regiment and the Shepparton 20th Light Horse Regiment and the Rose City band. Emeritus Professor Judy Parker (Patron ANMC) laid a wreath on behalf of the ANMC.

The unveiling began with an overview of the evolution of the plaque and the acknowledgement of Ms. Cynthea Wellings who conceived the project, engaging the support of the Devenish Arts Silo Committee, in particular June Howard. There were several very apt speeches including Helen Haines, Federal Member for Indi, who spoke of the importance of nurses in war and peace. June Howard read out a speech prepared by Annabelle Cleeland, Member for Euroa (who was an apology) paying tribute to ANMC founders. Pamela Small gave an interesting account of working at Fairfield Hospital when Lieutenant Colonel Sister Vivian Bullwinkel was Director of Nursing.

Ms Lucy Saaroni from the Victorian Veterans Council unveiled the plaque that pays tribute to the life and work of Lieutenant Colonel Vivian Bullwinkel, the sole survivor of the 1942 Bangka Island massacre. Lieutenant Colonel Bullwinkel served as an Army Nurse from 1941 until 1947, and in the years that followed devoted herself to the nursing profession and to honouring those killed on Bangka Island.



The Ceremony concluded with the Rose City Band playing some songs of the era and a fine rendition of We'll Meet Again by the fabulous singer Ms Alexandra Lidgerwood. The local CWA provided a very welcome afternoon tea.

The ANMC was well represented by Dr Elizabeth Lavender (President), Barb Green (Vice President), Emeritus Professor Judy Parker (AM), Dr. Beverley Wood, David and Dr. Judy Balcombe, Ms Arlene Bennett and Liz Allwood.

"It was an honour to be involved and I truly recommend heading to Devenish and taking in the beauty of the art silos and learning about the important role played by nurses who served in wartime."

Thank you to June Howard and Kevin Mitchell from the Devenish Art Silo Committee and the community members who put on a wonderful lunch and cup of tea." Helen Haines, Federal Member for Indi.

ANZAC COMMEMORATIVE SERVICE 2023

The ANZAC Commemorative Service was held on 23rd April which was a moving dedication to the nurses who gave their lives and health in service to their country in times of war and peace. We were privileged to have the 5th/6th Battalion, Royal Victorian Regiment Catafalque party lead by Sgt Troy McCann stand guard around the memorial to the nurses, which made for a moving service. The Last Post was played by bugler Noah Georgeson and Piper LCPL Dave Connolly.

Students from Melbourne Girls Grammar, St Catherine's School and the family of Nurse Evelyn King read the names of the nurses who drowned when the SS Vyner Brooke was bombed, those who were lost at the sinking of 2/3 AHS Centaur off the Queensland Coast (Sister Ellen Savage was the sole survivor), those who were massacred on Radji Beach, Bangka Island, those who perished in concentration camps, and those who returned home after three and a half years as prisoners of war.





Reverend Kathryn Watt from Holy Trinity Balaclava and Elwood, led us in prayer throughout the service and Mr Rob Malone recited The Ode for the Fallen and we thank them both for their contribution to what was a wonderful service. The Captives Hymn was sung by the Keytones Choir. A hymn written by Margaret Dryburgh who was a missionary in the camps and was sung each Sunday at church in the camps. Margaret Dryburgh died in Belalau, the final camp on Sumatra. Family members of the nurses laid wreaths to commemorate them. The ANMC Patron, Emeritus Professor, Judith Parker laid the collaborative wreath. Thank you to everyone who donated to the Collaborative Wreath, which will fund the ANMC Commemorative Scholarship.

Following the service afternoon tea served in the venue. Ms Tanya Frost, Acute Nurse Consultant Eastern Health presented - "Making a Difference One Stroke at a Time". Tanya was a recipient of the ANMC/Australian Legion of Ex-Servicemen & Women Scholarship 2021 and 2022.



Thank you to all those who attended our ANZAC Commemorative Service, laid wreaths, joined in song and prayer, and donated to the collaborative wreath which will fund the ANMC Commemorative Scholarship.

80TH ANNIVERSARY OF THE SINKING OF AHS CENTAUR

Recently representatives from the ANMC attended the Last Post Service at Shrine to commemorate the sinking of Australian Hospital Ship Centaur. On 14 May 1943 she was on route from Sydney to Cairns carrying 332 people. Despite being clearly marked and lit as a hospital ship, Centaur was torpedoed by a Japanese submarine and sank in just three minutes. Only 64 people survived, including just one of the twelve nurses who had been on board.

2023 RSL ANZAC APPEAL BADGE

Centre Manager Liz Allwood and ANMC Patron Judith Parker attended the RSL ANZAC appeal badge launch which was held at the Astor Theatre on the 11th April. This was a friendly and warm event hosted by RSL Victoria, celebrating the addition of the Vivian Bullwinkel badge to the ANZAC day appeal badge selection. Speakers on the evening were Benjamin Webb, Acting Chief of Veteran Services, Dr Robert Webster OAM State President RSL Victoria and Major Sarah Rose Mooney presented a talk on the life of Vivian Bullwinkel

If you missed out on a Vivian Bullwinkel badge, the ANMC has a few still available to purchase \$20. Please contact the office if you would like to arrange to pick one up.



ANMC SCHOLARSHIPS FOR STUDY IN 2024

The 2024 round of Scholarships have been advertised. Please feel free to share this information to anyone who may be interested in applying. Further details can be found on our website. The current scholarships, values and funding sources are outlined below.

Vivian Bullwinkel Award \$20,000,
Commemorative Scholarship \$3,000

Betty Jeffrey Award \$15,000,
Aboriginal and Torres Strait Islander Nurse/Midwife Scholarship \$5,000

Mental Health Scholarship \$5,000

ANMC & Australian Legion of Ex-Servicemen & Women \$5,000

The Australian Legion of Ex-Servicemen and Women sponsor scholarships to support study involving care of the older person or palliative care.

Prince Henry's Affiliates Scholarship \$5,000

Sponsored by Miss Marion Kilvert, ANMC Life member and retired nurse. This scholarship will be awarded to a nurse practising in Victoria to support the study of patient-centred, acute-care nursing.

Michael Dent Scholarship \$5,000

Sponsored by Mrs Sandra Dent, St Kilda Rd resident and a retired nurse, this scholarship will be awarded to a nurse or midwife practising in Victoria to support the study of contemporary professional practice in nursing or midwifery.

Beth Cuthbertson Scholarship \$10,000

Proudly sponsored by members of the Cuthbertson family to honour the memory of Beth who was one of the twenty one nurses massacred on Radji Beach. This scholarship is to be awarded to a nurse or midwife from a regional/rural area across Australia.

Rosemary Norman Foundation Grants

The 'Babe' Norman Scholarship is a PhD scholarship for nurses and midwives commencing or in the early stages of a full-time clinical research doctorate at an Australian university. This scholarship is valued at **\$40,000 per year for 3 years**.

Rosemary Norman Research Grants provide opportunities for applicants in the later stages of their PhD or who are undertaking other nursing or midwifery postgraduate courses. These grants range in value from **\$10,000–\$40,000**.

Funded by the Rosemary Norman Foundation.

The ANMC takes this opportunity to thank Miss Dolores Makris for supporting the Anne Murray Scholarship for Dementia Care which has been awarded from 2018 to 2023.



INVITATION TO BOOK LAUNCH AT THE ANMC

The ANMC board is proud to extend an invitation to attend a very special book launch:

"Sisters in Captivity; Sister Betty Jeffrey OAM and the courageous story of Australian Army nurses in Sumatra 1942-1945" by author Colin Burgess

This book is a combination of the literary and research skills of Colin Burgess, and many hours of collaboration with the family members of Betty Jeffrey, a co-founder of the Centre, sifting through archive and family material, culminating in what will be a great read.

A portion of the proceeds of the sale of each book will benefit the Australian Nurses Memorial Centre.

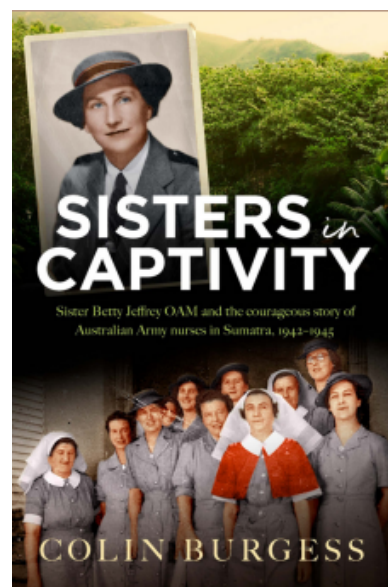
Books will be available for purchase on the day, courtesy of Eltham Bookshop.

We hope that you can join us at the ANMC venue, Suite 11 431 St Kilda Road (enter via Slater St) Saturday 22nd July from 2:00 – 4:00pm

Afternoon tea will be provided.

RSVPs are essential to secure your spot.

RSVP Book Launch



VALE - PAMELA JOAN ROGERS

It is with great sadness that the Centre notes the death of Pamela Joan Rogers (7/11/1922 - 24/5/2023) lifetime member of the ANMC. Pam will be remembered by many graduates of the School of Nursing, Lincoln Institute of Health Sciences (later part of La Trobe University) as a passionate teacher of Psychiatric Nursing. She was a firm believer in tertiary education for nurses and had a deep interest in the depiction of illness and nursing in English Literature. She will be greatly missed by her nursing friends and colleagues. A memorial service will be held at the ANMC on Saturday 8th July 3:00 to 4:00pm [Memorial Service for Pamela Rogers RSVP](#)

